

Listening Hearts



A GATHERING FOR BEREAVED MOMS...

Volume III, Issue 4

July/August 2011

The Open Door

by Grace Coolidge, wife of Pres. Calvin Coolidge
regarding the death of their youngest son

You, my son,
Have shown me God.
Your kiss upon my cheek
Has made me feel the gentle touch
Of Him who leads us on.
The memory of your smile, when young,
Reveals His face,
As mellowing years come on apace.
And when you went before,
You left the gates of Heaven ajar
That I might glimpse,
Approaching from afar,
The glories of His grace.
Hold, son, my hand,
Guide me along the path,
That, coming,
I may stumble not,
Nor roam,
Nor fail to show the way
Which leads us-Home.



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Love Gifts

Generous donations make it possible to reach out to other grieving mothers through this newsletter, group sessions and the web site.

We want to thank everyone for their support and love in so many ways.

...Thank you!!!

Listening Hearts

July 2011 Listening Hearts Children

These cherished children have birthdays this month:

16th Eric James Hurst mom-Terri



These cherished children have anniversary dates this month:

18th Thomas Wade Buchanan mom-Ruby
22nd Eric Wolf mom-Pam



FOREVER IN OUR HEARTS

July 2011 Other Beautiful Children

These adored children have birthdays this month:

17th	Austin Hatcher (Chambers)	mom-Lauren
29th	Jim Taylor, II	mom-Dinah



These adored children have anniversary dates this month:

4th	Kassie Hall	mom-Karen
14th	Crystal Earnhart	mom-Gail
22nd	Alicia Golembeski	mom-Lana
22nd	Brian Mazdra	mom-Terri
27th	Chad Wershabale	mom-Debbie
28th	William Myers	mom-Brenda



FOREVER IN OUR HEARTS

Listening Hearts

August 2011 Listening Hearts Children

These precious children have birthdays this month:



These precious children have anniversary dates this month:

6th
14th

Clint Tyler Reagan
Gabriel John Miller

mom-Debra
mom-Katie



FOREVER IN OUR HEARTS

August 2011 Other Beautiful Children

These adored children have birthdays this month:

1st	Alicia Golembeski	mom-Lana
5th	Andrew Cardwell	mom-Tammy
10th	Kassie Hall	mom-Karen



These adored children have anniversary dates this month:

7th	Alex Wolf	mom-Tamara
7th	Jennifer Adair	mom-Deborah
15th	Paul Anthony Kovacs	mom-Pamela
19th	Joel McGregor	mom-Julie
31st	Andrew Cardwell	mom-Tammy



FOREVER IN OUR HEARTS

Listening Hearts

What Moms Are Doing

We send our condolences to Karen Archer, mom to Colt Porterfield, and her family. Her mom, Doris Ownby, passed away after fight with cancer. Below is Doris's obituary.

Doris Ownby, 68 of Knoxville, passed away peacefully at her home surrounded by family and friends. Doris retired from Williamsburg Villas where she worked as a CAN. Doris was a loving mother, grandmother and aunt very devoted to family. Her passion was astrology and very gifted with psychic ability; which made her very sensitive to the needs and troubles of others. Her newest venture was learning to read the RUNES which was sent from Ireland.

Preceded in death by her parents, Dollie and Tom Ogle; daughter, Rene Loveday, and grandson, **Colt Porterfield** and husband, Jimmy Ownby; sisters, Willa Mae Baker and Ella Maxwell

Survived by daughters, Karen and Dana Archer, Sherry and Dennis Witenbarger, Bobbie and Frankie Denton and her son, Tom Mills; grandchildren, Chassity and Stevie Loveday, Frankie and Brittany Denton and Blake Witenbarger; great grandchildren, Ethan and Braden McCarter and McKenzie Rene Davis, and Cameron Stinnett.

A memorial service to be held at a later date. In lieu of flowers donations may be made to Listening Hearts, a non-profit corporation; a self help gathering of bereaved mothers from all walks of life. Send to P. O. Box 51674, Knoxville, TN 37950



What Moms Are Doing cont.

The Listening Hearts moms also want to send out our condolences to Linda Torma concerning the death of her mother. Linda is mom to Joe Torma , 5/23/1980-9/30/2006.

Katie Helms would like you on the 'Listening Hearts' team to compete in the event: ButterFly 5K 2011.

We are going to do this 5k as a team.... yeahhhh.... If you want to... :-) The Butterfly Fund raises money to combat childhood cancer, and well, I just thought we might like to help out... plus it will give people like me incentive to get walking... Love Ya'll, Katie



Katie with her bagpipes standing at Gabe's marker. Wow!!

Listening Hearts

In Loving Memory of Evan by Sacha Cueto

Written by Sacha Cueto, forever Evan's mom.

My son Evan passed away unexpectedly on March 18, 2009, just 6 days after his 17th birthday. It was a horrible, tragic and preventable accident. As completely shocked and devastated our family was (and always will be) over his death, we were equally shocked and devastated to find out what caused the death of this healthy, bright, loving young man. Heroin.

It is my understanding that Evan had first tried heroin about 3 months before he passed away. I continue to struggle with the "Whys", "What Ifs" and "Hows". "Why" would he try something that was so dangerous? "Why" didn't he listen to us (his parents) when we talked about drug use. "What If" someone would have told us what they knew so that we could have found out this was going on? Could we have saved him? "How" can a human being use drugs and abuse his or her body for years and live, when a young person can experiment and not get one second chance? The list of "Whys", "What Ifs" and "Hows" are too many to list and I have to accept (or at least try to) the fact that I will never have the answers to these questions. And that is very difficult.

In the beginning of my journey, just 27 months ago, I felt like I "had" do to something to try and "help" other kids not fall victim to the deadly consequences of drug use. I "needed" to talk to them about how to make good and healthy choices and how to choose the right friends. I taught my son all of these things, and it didn't work! Why do I think if I talked with anyone else, strangers, that they would listen? I went round and round with trying to figure out what to do, what to say, where to start. It was exhausting. After all, most of my energy was used up in just getting out of bed, working, caring for other children, keeping the bills paid on time and basically just "living".

I have to remind myself to just take baby steps. I learned that I get overwhelmed much more easily and I need to care for myself first before I can help others. The stamina I once had, the ability to multi task to the maximum has gone and I can't seem to get it back. I am beginning to wonder if I ever will, or if this is just the new me that I just have to accept.

Over the past several months I have volunteered at our local monthly "Dispose-a-Med" drug take back event which is organized by our local law enforcement, firefighters and Optimist Club where medications (prescription and over the counter) are collected and properly disposed of. This is done mainly to keep these medications out of the hands of our youth, who are abusing prescription drugs at alarming rates all over our Country. Prescription drug abuse often leads to other drug abuse, such as heroin.

Continued on next page.

In Loving Memory of Evan by Sacha Cueto cont.

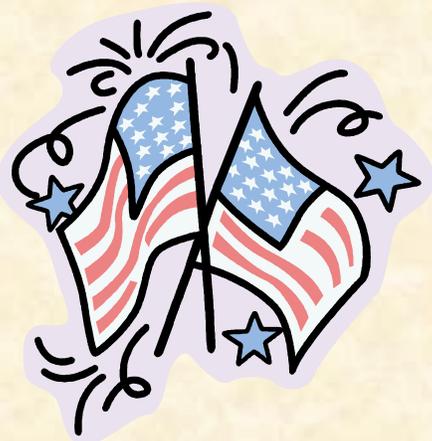
Volunteering at this event has made me feel as though I am making some small impact in our community and possibly saving a life. It has been very therapeutic for me to be involved in such an event. Working side by side with others who share in the same desires to keep our community safe and drug free is awesome!

I hope that one day I will be able to do more. I am open with my story if anyone wants to know it, but I am NOT a public speaker and the thought of that horrifies me. At this time in my life, I don't know what I need to be doing to make a bigger impact. In time I hope to be more involved. But I have to remember....baby steps.

Evan Cueto

3/12/1992-3/18/2009

Evan



We want to remember and honor all of those who lost their lives for our country.

Listening Hearts

In Loving Memory of Jim Coniglio

~For Jim Coniglio 6/03/1983 - 3/06/2009 ~

We sent our Jim some balloons on June 3, 2011 for his 28th birthday. This is the 3rd birthday that we have celebrated with him in Heaven. We have a family cookout and then launch the balloons. I think for me doing this keeps me busy and takes the fact the he is not here with us out of the front of my mind for a short time.

Peace and Blessings to all Angel Moms and Hugs to you all.
Lori



Painting With A Twist



We are always looking for new and creative ways to express our grief journey.



Listening Hearts

Listening Hearts is a gathering of bereaved moms. We wish every day that there was no need for such a group. Since we can't change things that are out of our control, we work to help ourselves and each other to process this devastating and life altering loss. We work to find ways to carry the loss and love in the same heart.

Our group meets every other month in Knoxville at the Eye Institute Conference Room located at 2020 Kay Street, Knoxville, TN 37920. The dates and times can be found at our website: www.listening-hearts.memory-of.com.

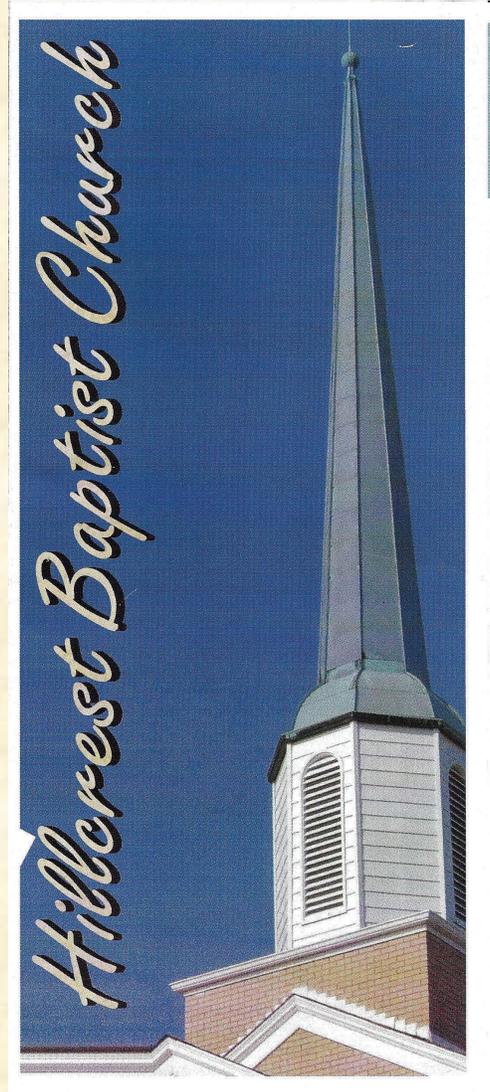
We also have a new second meeting place in Morristown. See below.

***Listening Hearts
A Gathering of Bereaved
Mothers***

***....now has a second meeting
place.....***

***Hillcrest Baptist Church
410 S. Liberty Hill Rd.
Morristown, TN 37813***

***All bereaved moms are
invited.***



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Hillcrest Baptist Church
410 S. Liberty Hill Rd.
Morristown, TN 37813

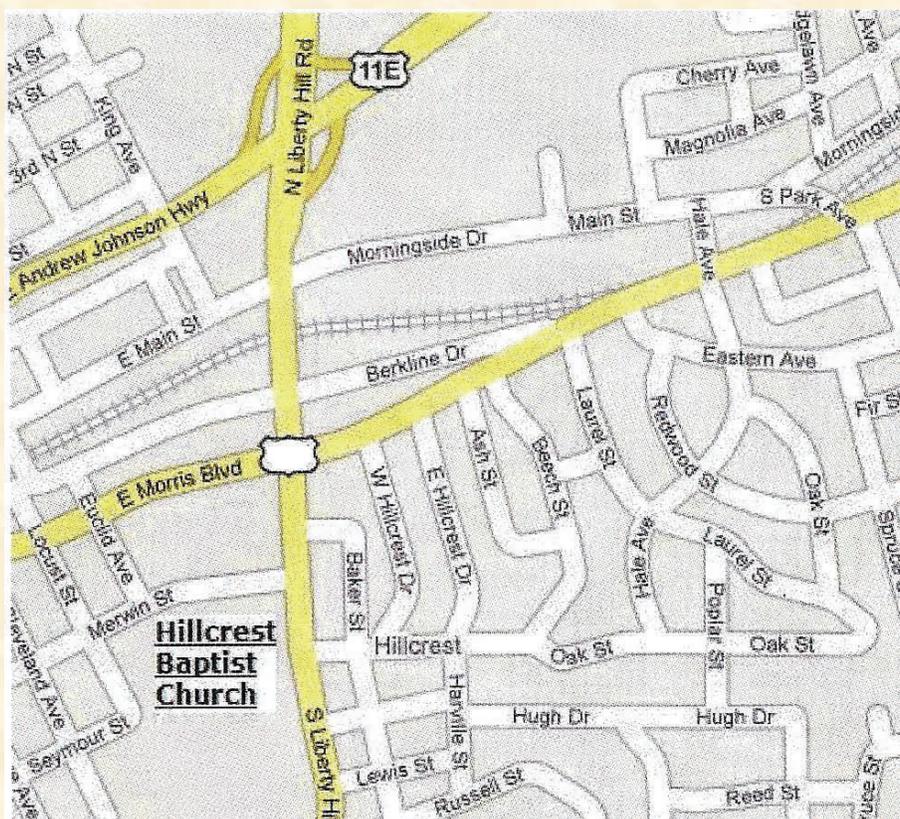
Phone: 423-586-0693

Fax: 423-586-0653

www.hillcrestbaptistchurch.net

E-mail: office@hillcrestbaptistchurch.net

...The Caring Place



Listening Hearts

Notes and Thoughts

2011 Morristown Meeting Dates:

Saturday, July 30th

Saturday, September 24th

Saturday, November 12th



Meeting Time:

10:00 a.m. to 12 noon



I believe there are two sides to the phenomenon known as death, this side where we live, and the other side where we shall continue to live...Eternity does not start with death. We are in eternity now. ~Norman Vincent Peale



LISTENING HEARTS

Donations may be mailed to
Listening Hearts
P.O. Box 51674
Knoxville, TN 37950

E-mail: listeninghearts@live.com

Website:

<http://listeninghearts.net>



We're on

facebook



Listening Hearts, a 501 (c) (3) nonprofit organization, is a self-help gathering of bereaved mothers from all walks of life.

It does not matter the age of the child or the cause of death. Nor does it matter the length of time since the child's death.

No one should travel this journey alone. Join us as we help each other find ways to carry the pain of this loss and the joy of the love for our child in the same heart.

Contributors this issue:

Sacha Cueto
Lori Coniglio

Listening Hearts Knoxville 2011 Meeting Schedule

All meetings are held on Saturdays

- ♥February 5th
- ♥April 2nd
- ♥June 4th
- ♥August 6th
- ♥October 1st
- ♥December 3rd

Editors:
Debra Reagan
Heather Reagan

Thank you to everyone. We are honored to share the love and memories of your precious child.

Unless otherwise noted by the contributors, the submissions may also appear on the website.