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# Listening

# Hearts

A Gathering of  
Bereaved Moms...

by Deb Prorise

As I look out my kitchen window, I recognize all the signs of the summer season. The water on the pool sparkles and the birds hop from feeder to feeder singing their happy song, and thanking me for their morning buffet!

I realize we are all creatures of nature, you know nature has all its beauty and also disasters, just as we do, season after season alive in all its splendor and death in its finality.

Yet, the sun returns and sometimes a beautiful rainbow appears and nature heals itself and moves on to a new day.

As so is our journey, we as our children are all creatures of nature, one day alive and beautiful and one day death occurs and returns our human bodies to nature,

as the cycle continues just as the seasons, but I believe our children are sparkling, flying from one dimension to the other enjoying all the pleasures of heaven and earth.

## Meetings and Events

Since we cannot change that which is out of our control, we work to help ourselves and each other to process this devastating and life-altering loss by gathering together. We meet monthly at alternating locations, in Knoxville and Morristown. You can join us at both locations, or choose one that is most convenient for you.

### Knoxville

The Eye Institute  
Conference Room  
2020 Kay St.  
Saturdays  
3:00 pm – 5:00 pm

- ♥ August 3
- ♥ October 5
- ♥ December 7

### Morristown

Walters State Community College  
Humanities Complex, Room 105  
500 S. Davy Crockett Parkway  
Saturdays  
10:00 am – 12:00 pm

- ♥ July 6
- ♥ September 7
- ♥ November 2

## In Remembrance

These adored children have birthdays in July and August.



### *July Dates*

- ♥ Randy Allred (7/6)
- ♥ Devin Gorman (7/16)
- ♥ Rick Anderson (7/7)
- ♥ Eric Hurst (7/16)
- ♥ Aaron Sellitto (7/7)
- ♥ Danny Berry (7/18)
- ♥ Austin Hatcher (7/17)

### *August Dates*

- ♥ Michelle Bell (8/9)
- ♥ Audrey Fuller (8/3)
- ♥ Davey Chavez (8/8)
- ♥ Robby Garvin, (8/15)

These cherished children have anniversaries in July and August.



### *July Dates*

- ♥ Heather Lane (7/14)
- ♥ Wade Buchanan (7/18)
- ♥ Eric Wolf (7/22)
- ♥ Noah Winstead (7/4)

### *August Dates*

- ♥ Joshua Humphreys (8/2)
- ♥ Clint Tyler (8/6)
- ♥ Cindy Allen (8/8)
- ♥ Tony Phillips (8/8)
- ♥ Gabriel Miller (8/14)
- ♥ Tanner Morgan (8/18)
- ♥ Marty Short (8/23)
- ♥ Audrey Fuller (8/3)
- ♥ Corbin Weaver (8/4)
- ♥ Tracey Blevins (8/4)
- ♥ Mistye Holdway (8/5)
- ♥ Alex Wolf (8/7)
- ♥ Joel McGregor (8/19)

## Listening Sisters Are Available

This new feature offers a listening ear for moms who need to talk or reach out during a particularly difficult time. If you would like to be available to provide support and a listening heart to another mom, let us know. Different moms will be featured in each issue.

Mom	Contact Info	Child's Life Stage	Nature of Loss
Buffy Miller	865-256-9655	Teenager	Heart Disease
Terri Gookenbarger	615-209-7333	Young Adult	Car Crash
Ruby Buchanan	865-850-7677	Young Adult	Car Accident
Becky Allred	423-377-5819 (text only)	Child	
Debra Reagan	865-679-1351	Young Adult	Drug Overdose

## 2nd Annual Listening Hearts' Picnic and Butterfly Release

Our picnic will be held on Saturday, September 8, 2013.  
 We will begin to gather at 12:30 p.m.  
 The food will be served at 1:00 p.m.  
 We will release the butterflies in memory of our children.  
 We hope you will join us.  
 Family and friends are also invited to join us for the picnic.  
 Please RSVP.



## Listening Hearts

PHONE:  
(865) 679-1351

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WE'RE CONNECTED!

Visit us at:  
[www.listeninghearts.net](http://www.listeninghearts.net)

Join the conversation on:

**facebook**

Closed group for private posts;  
email us for access.

### LOVE GIFTS

Your tax deductible donations make it possible to reach out to other grieving mothers through this newsletter, group sessions, and website.

Love gifts can be made at all group meetings or mailed. Make checks payable to Listening Hearts.

Thank you for your generous support!

### ANONYMOUS DONTATIONS

Thank you for your contributions.

## We Need You for the Next Issue

Our next issue will feature love letters to our children for the May/June edition, to commemorate Mother's Day.

As always, we also welcome your blog posts, poetry, or interesting pictures. One mom's precious memories, favorite quotes, random thoughts, or photographs may uplift another mom in her time of sorrow. Share your Mother's Day cards, spring photos, or love notes from your child.

Hard copies as well as electronic files will be accepted. We will try to include all entries received

in the next edition, although we may hold your submission for a future newsletter, based on space limitations.

For your convenience, we will have a scanner available at all meetings, at both our Morristown and Knoxville locations. Your items will be returned as soon as we get them scanned! If you can't attend, you can still submit! Simply send your content by regular mail or e-mail.

Please include the following information for any items submitted:

- Name of your child
- Approximate age of the child when the photo was taken
- Relation to the child of any other people in the photo
- A brief memory of what was happening in the photo
- Any other background information you'd like to share for any writings, drawings, etc. your child may have done

## About Us...

Listening Hearts is a 501(c) (3) nonprofit organization. It is a self-help gathering of bereaved mothers from all walks of life. We wish every day that there was not a need for such a group.

It does not matter the age of the child or the cause of death. Nor does it matter the length of time since the child's death. All bereaved mothers are welcome.

No one should travel this journey alone. Join us, as we help each other find ways to carry the pain of this loss and the joy of the love for our child in the same heart.

Thank you to all who have contributed to the making of this newsletter. We are honored to share the love and memories of your precious child. Photographs and articles submitted may be used on the website, unless otherwise noted.

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Encourage...  
support....  
uplift...  
listen...

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